

Residents' News

May 2019



Hello to Residents

How many of you have written down your last wishes. What you want to happen at your funeral, Burial or Memorial Service. My thoughts wonder at the beautiful family wiped out last weekend. No thoughts of them being organized for such an awful fatal accident. Many of us organize our wills and Power of attorneys but how many actually write down what we would like to happen as our days end. Do you have a special person you want to speak on your behalf, a special piece of music, almost anything goes now. Take the time to help your loved ones. Many people do not know where to start especially if a death is sudden. It does not take a lot of time just a few words to make it easier for all concerned and piece of mind knowing that family members are doing what you want, not what they think you want. And how many of you have written down anything for your grandchildren. Your time on this planet was special. What you did as a child, who you knew and where you grew up is important too. Photos with names on the back become very important. Never throw photos or memorabilia of your family away. The Treasury can always use it.

Hugs
Christine

Stanley's Construction Update for May

Construction continues at a steady pace, with the roof structure completed and the roof currently being installed as planned.

With most windows/ranch sliders fitted, the building is now pretty much watertight.

Interior framing has been completed on all levels

Electrical wiring and the plumber's pipework has been installed up to level three and wall linings to level one are substantially complete.

Our current labour force continues at more than 50 people on site.

The fitting out of apartments is well underway, with doors and finishing work to level one well in hand

The prefabricated exterior walls have now been installed, and exterior cladding due to start

By the time this newsletter reaches you, the large track mounted crane will have completed its task, and be parked up, ready to leave site.

Ian Rae
Project Manager

Residents Committee Events

Message from the Committee:

*'We would like everyone to wear their name tag when attending a function.
'It's good to see most people wearing these at Birthday Afternoon tea'.*

Residents only are able to attend Mix and Mingle evenings. Visitors accompanied by a resident are very welcome.

- ❖ **Beginners Line Dancing:** With Judy every Tuesday at 9.00am.
- ❖ **Rummikub with Elaine and the Girls:** Learn to play every Wednesday at 2.00pm.
- ❖ **Movie for May: Saturday 18th at 1.30pm** is *"Blame it on the Bellboy"*
- ❖ **St John's guest speaker / Ray Garrett: Friday 10th May at 4.00pm**
IMPORTANT INFORMATION
There will be an experienced St John tutor coming to the village to give a talk on **C.P.R and Defibrillator Education**. This will take place on Friday 10th May at 4.00pm in conjunction with Happy Hour and with Pizza and Chips at the conclusion. There will be no charge for this event. The Committee do encourage as many as possible to attend this informative talk. Transport to Community Lodge is available.
- ❖ **PIZZA and CHIPS Dinner: Friday 10th May from 4.30pm onwards**
This will follow after the Mix and Mingle.
The Committee will be providing the pizza and chips (no charge to residents)
- ❖ **Fashion Parade presented by Caroline Eve: Friday 17th May 1.30pm** (in the dining room)
Followed by afternoon tea that will be provided by the Residents Committee.
- ❖ **Residents Committee AGM: Wednesday 22nd May 1.30pm**
Nomination forms are at reception in the Community Lodge.
Nominations close on Wednesday 15th May.
- ❖ **Lunch Outing to Kaiaua Hotel: Thursday 30th May 11.30pm**
Details will be on the notice board. Transport will be the Village Van along with any residents offering to take their cars.

Up and coming events:

- **Mid Winter Xmas Dinner** – *further details yet to be confirmed*

General

- ❖ **Petanque: Wednesday's 1.30pm** - this will be weather permitting. *All welcome to join in! Every Wednesday at 1.30pm.*
- ❖ **Scrabble:** Beginner's welcome every Wednesday at 1.00pm
- ❖ **Mind Games:** You may remember the mind games that took place on the second Saturday of each month during the winter. This year we need a new organiser/s to prepare the games that are played and maybe introduce some new ones. If interested please let the office know.
- ❖ **Manager's Friday Forum: Friday 3rd May** – at 10.00am, *meeting will start at 10.30pm*
Join us for a cuppa and a chat, you are also welcome to bring forward any questions or issues that you may like to discuss with Christine.
- ❖ **Free Driver Refresher Course with Gail Mikkelsen: Tuesday 7th May 10.00am**
This is a great chance to update your driving skills! Held during Coffee morning in the dining room. Gail has kindly offered to give you an informal talk about going over intersections, roundabouts and any questions regarding the road rules.
- ❖ **Louise Leisure Wear: Friday 24th May at 1.30pm** (*held in the Main Hall*)
Casual Winter Range Clothing, prices from \$25 to \$45 - *pay with cheque or cash only.*
- ❖ **OPSM Visit: Wednesday 29th May at 2.00pm:**
This is a free service of cleaning and adjustment of your glasses (held in the dining room). They will continue to visit on the last Wednesday of every month at 2.00pm before the Birthday Afternoon Tea.



BIRTHDAY AFTERNOON TEA Wednesday 29th May at 2.30pm.

Come along and help us celebrate the birthdays of those born in May
All residents are invited, please bring a plate.

Happy Birthday!! For May

😊 03 Elaine Pye 😊 15 Bev Donnelley 😊 15 Sheryl McConnell
😊 16 Claire Cowley 😊 28 Evan Lee 😊 30 June Le Leivre

- **Garden Green Waste Collection Reminder: Monday's and Fridays**
Linda will pick up your garden green waste on Monday's and Friday's.
Please do not get rid of your green waste by dropping it off down by the maintenance sheds as this area is **OUT OF BOUNDS.**
- **Hair Appointments:** Gail is now offering a new service for eyebrow shaping, eyebrow tinting and eyelash tinting. Book to have a consultation so you can review pricing with her.

Rates Rebate 2018/2019: Applications close on **30th June 2019** and cannot be accepted after this date. If you have any queries about the Rates Rebate please contact the Rates Officer Margaret Sainty 07 868 0294 and she will be happy to assist you

Look Good Feel Better: This is a FREE 2 hour class that focuses on problems associated with visible side effects of cancer treatment including hair loss, eyebrows, eyelashes and other skin related issues. This service is for anyone with any cancer and at any stage of treatment. Anyone who has been diagnosed and undergoing treatment can register. **The classes will be held at Richmond Villas dining room on Wednesday 12th June, 24th July, 25th September and 27th November from 9.00am to 12.30pm. Please Note: As from the 24th July a Men's class will follow after the Women's class. Contact them today to make your appointment; phone 0800 865 432. Or book online at www.lgfb.co.nz**

- **Waikato Podiatry Clinic:** Appointments will be on **Friday 3rd May from 9am to 2pm.** We have the following appointment times available **10.00, 10.40, 11.40, 12.00, 12.20, 1.40, 2.00pm. *Please note:*** The Podiatrist travels from Hamilton for this clinic and therefore **will only attend if we have 9 or more people booked in for appointments. Price has increased to \$45.00 as from 1st February.** Held in the Community Lodge – consultations, examination and treatment for your feet will be 20 minutes each and will cost \$45.00 (if further time is required then additional charges will apply). Book an appointment at Richmond Villas reception. Basic podiatry care of this nature includes: Cutting of toenails and thinning bulk (if appropriate), removal of any corns and pathological callous, assessment of feet and function of footwear, if patient is diabetic – pedal pulses and protective sensation will be checked, basic dressing materials, additional appliance etc. **2019 Podiatry Schedule for Richmond Villas appointments are Friday 14th June, Friday 26th July and Friday 6th September.**

- **VILLAGE PHYSIOTHERAPIST:** **Thursday 9th May 9.00am to 3.30pm**
Introducing your very own physiotherapist Julie White (MPNZ NZRP)
Are you feeling stiff or suffering from aches and pains?
Julie is an experienced, hands on, and ACC registered physiotherapist who is here on Thursdays to help. She is passionate about keeping people of all ages healthy and moving pain free.
Personalised treatments include:
- comprehensive biomechanical assessment
 - myofascial massage
 - joint and spinal mobilisations
 - triggerpoint treatments
 - dry needling
 - specialist exercise and care advice

As a **STARTING SPECIAL** for the month of **May only** residents and their family and friends, Julie is offering **FREE initial 30 minute assessments** and discussion of what she can offer you. The cost after May will be \$40.00 for a private appointment and \$10.00 if you have an ACC claim. There is no need to see a doctor to get a referral as Julie can sort that out for you. To take advantage of this special offer contact Julie White, Phone or text: 027 281 4980 Email: julie@physioathome.nz Book your appointment at reception for Thursday 9th May between 9am and 3.30pm. Appointments will be held in the small meeting room next to the craft room.

St John Health Shuttle: Please allow at least 24 hours prior to your appointment booking. Call them between 10am and 12pm Monday to Friday on 0800 934 287. The shuttle will transport to Doctors/Hospital appointments in the Waikato district. A donation towards the cost of the journey is appreciated.

Thames Urban Connector: The new bus service has been operating for over a 1 year now! TCDC are happy with the number of people using the service. It is now picking up and dropping off passengers at the Community Lodge approximately every half hour i.e. **9.22am** 9.47am; **10.34am** 11.02am; **11.52am** 12.17pm; **1.07pm** 1.32pm; **2.16pm** 2.47pm. The new timetable is available at reception.

Community Lodge Access: The Community Lodge will be **locked from 4.00pm daily**. You will be required to use only the pin number to enter the building. We hope to have new key tags programmed for you all to use later this year. Please check on exit that doors and windows are closed.

Community Lodge Reminder: Remember to turn off lights and shut windows if you have turned them on or opened them. Also shut doors if it is late in the afternoon.

Swimming Pool Rules for Children

Children may only use the pool between 2pm and 4pm daily and must be accompanied by the hosting resident. Please check the changing room facilities after using to ensure that they are left to our standards. **Reminder:** no children are allowed in the Gym.

Reminder: Swimming Pool Cover: If using the pool after 4pm. Please Remove the Cover and Replace the Cover after use to save power and to stop condensation.

Changing room showers:

The showers should only be used before and after swimming or after using the gym.

Community Lodge Barbeque: Please clean the barbeque after you have used it.

Car Park outside Community Lodge: If you have visitors that are staying and using this carpark please can you inform the office so we know who the vehicle belongs to just in case it has to be moved.

Reminder - Visitor Parking: Please remind your visitors not to park their vehicles on the lawn. We have found that tyre marks are being left on the kerbside lawn areas. This is damaging the lawns by causing them to brown and the grass takes a while to recover from this.

Attention Residents – Health and Safety Work Place Regulations

As we proceed with the early stages of the Apartment development please keep aware of staff and contractors who may be coming and going more frequently from this area down the Southern end of the village. Behind the fence is strictly **OUT OF BOUNDS and signage is around it. Under NO circumstances are Residents permitted in this area** (this includes weekends). **If you see danger tape in a particular area then this is also to remind you not to cross over the tape because it is a hazardous work place environment.**

➤ **Apartment Development - Viewings Friday's at 2.30pm**

If you would like to view the Apartment development progress meet at the Community Lodge by 2.30pm every Friday in April. Peter will take you down in the village buggy so you can view it from the walkway. If you would like to be picked up and dropped off from your villa please let the office know.

UCG / Chorus Fibre Installation: The Fibre has now been completed throughout the village. UCG are near completion for installing and connecting Fibre in your homes and will be returning on site throughout May.

Sewing/alterations Betty Dovell Phone 868 50673

House Keeping Fiona Johnston is available to clean your inside windows if needed or any other house duties you may have this also includes shopping and other errands. Fiona charges \$25.00 an hour. Phone to arrange a time on 027 492 0818.

- **Elevenes Musically Delicious Concert - Held at Thames Union Parish / St James Pahau Street, Thursday 2nd May at 10.00am: \$20.00 pp, includes refreshments** (Eftpos not available). With over 20 years international experience in professional theatre, songstress Lisa Lorrell will take you on a musical journey filled with nostalgia, fun and laughter, performing classic songs from best loved musicals and operetta, to jazz, country and pop music. Followed by a delicious morning "Elevenes" of freshly cut club sandwiches, sweet treats, tea/coffee and juice served by "Team Elevenes".
Bookings are essential please contact Anne 09 232 6588 or Lisa 021 541 511 or Email: lialorrell@outlook.com (Pay on the day).

- **Volunteers needed for the Thames Museum:** *located on the corner of Pollen and Cochrane St.* Join the friendly, dedicated team to help keep the rich history of Thames ALIVE. Open 7 days a week 10.00am to 4.00pm. If interested contact Barbara on (07) 868 2116.

Friday Mix and Mingle every week – everyone welcome! At 4.30pm B.Y.O, nibbles supplied, and raffle prizes to be drawn. Come and join the fun!!