

# Residents' News

November 2020



Hi Everyone,

As you know on Saturday 7<sup>th</sup> November we are holding a Special Open Day from 10.00am to 4.00pm to show the community our New Apartment Building. You are welcome to join us and have a sausage, meet the radio hosts and celebrity guest.

A big **welcome!** to our newest Resident moving into the village this month: [Laraine Laing at Apartment 222](#). We wish you all the best for a smooth transition in to the village and look forward to having you as part of our village.

The lunch outing to the Workingman's Club last month was enjoyed by all and a great success!

If you would like to attend another outing Murray Hull has offered to take the Village Van on a day outing to the Cambridge Christmas Festival in December. This year's theme is **Celebrate with Colour** and the Town Hall will be transformed into a holiday wonderland with beautifully decorated Christmas trees, nativity scenes and seasonal displays for all ages.

Details are on the notice board, please let the office know if you are interested in going so a day can be arranged.

The busy time of year is fast approaching, so we ask you all to please take care and be thoughtful to others around you.

From

*Stephanie and Amy*

**Book Review:** THE LAST VOYAGE OF MRS HENRY PARKER... author, Joanna Neil

Evelyn, the wife of a retired ship's doctor is living out her twilight years aboard the grand ocean liner, Golden Sunset, but her husband Henry is missing. It is up to Evelyn to find him but only if she could remember the events of the night before as clearly as she can recall the night that she met Henry on a passage from England to Australia in 1953.

Evelyn and Henry lived on cruise ships until they were nearing the end of their lives, 662 voyages.

The heart remembers what matters even when the mind has long forgotten.

This is an unforgettable story, funny and sad at the same time.

## Residents Committee Events

### Message from the Committee:

*'We would like everyone to wear their name tag when attending a function.*

*Residents only are able to attend Mix and Mingle evenings, but visitors who are accompanied by a resident are very welcome.*

*'We are now providing the N.Z Herald for residents to read in the Library, please do not remove it from the Library table'.*

### Coming Up Events:-

- **Melbourne Cup: Tuesday 3<sup>rd</sup> November** - Sweepstake operating \$2 a horse (will be collected beforehand) – in house horse racing \$1 a bet – Live broadcast of Melbourne cup at 5.00pm – **Pea, Pie and Spud dinner with Strawberries and ice-cream for dessert at 6.00pm.** Cost is \$10.00 and includes a raffle ticket, *and you have to pay at the door.* B.Y.O beverages. *Please see notice board for details, put your name down on the notice board for the dinner by Tuesday 27<sup>th</sup> October.*  
**The buggy will be available to take you home if needed after the function.**

### Mark this date on your calendar!

- **Village Christmas Dinner: Saturday 12<sup>th</sup> December – at 6.00pm**

### Regular.

- ❖ **Beginners Line Dancing:** With Judy every Tuesday at 10.00am. (1m distancing please)
- ❖ **Zumba Exercises:** With Judy, classes are now held in the Community Lodge, Main Hall 10.00am to 11.00am Monday and Friday. (1m distancing please)
- ❖ **Rummikub with Elaine and the Girls:** Learn to play every Wednesday at 2.00pm.
- ❖ **Movie Afternoon:** Saturday 21<sup>st</sup> November at 1.30pm - *See notice board for details*
- ❖ **Mix and Mingle Evening:** Every Friday 4.30pm, at the Community Lodge
- ❖ **Buy and Sell listing:** If you have second hand items that you are interested in selling then please contact Joanna Farrell on 027 284 8749.  
There is a list of items displayed on the notice board in the Community Lodge, where you can add an item for sale. You do not have to put your name, phone number or the price of the item you wish to sell. If anyone needs further information about the item, they can phone Joanna.
- ❖ **Hand Made Face Masks:** If anyone wants more of these you can put your order in to the office. Cost is \$5.00 per fitted mask and \$3.00 per straight mask.

## General

- **VILLAGE A.G.M with Statutory Supervisor Garreth Heyns from Covenant Trustee Services.**  
Wednesday 11<sup>th</sup> November at 11.00am
- **Manager's Friday Forum: Friday 27<sup>th</sup> November at 10:00am**  
The date of our next forum in November is Friday 27<sup>th</sup>, meeting will start at 10.30pm. Join us for a cuppa and a chat, you are welcome to bring forward any questions or issues that you may like to discuss with Stephanie or Amy.
- **RATES REBATE:** If you want to apply for a rebate we have the forms available at Reception to fill out. *Applications close on the 30<sup>th</sup> June 2021.*

**Reminder:** **BEWARE** of Phone Scammers! If someone phones you to say anything about your bank account: **HANG UP!** Don't give them any personal details.

- ❖ **Petanque: Wednesday's 1.30pm** - this will be weather permitting. *All welcome to join in! Every Wednesday at 1.30pm.*
- ❖ **Scrabble:** Beginner's welcome every Wednesday at 1.00pm
- ❖ **Pool every Tuesday & Friday 1.30pm** – Join the Pool session, the men would like to grow their Pool Group, *all welcome to join this fun activity!*



### **BIRTHDAY AFTERNOON TEA'S - Wednesday 25<sup>th</sup> November at 2.30pm**

*Come along and help us celebrate the birthdays of those born in November. All residents are invited, please bring a small plate to share.*

### **Happy Birthday!! For November –**

😊 03 Jeanette Ewers    😊 04 Val Brown    😊 05 Carol Moloney    😊 10 Barbara Darrah  
😊 12 Alex Shirley    😊 14 Maureen Matthews    😊 20 Joyce Campbell    😊 23 Anne Harris

**Kane's Kitchen – Frozen Ready-Made Meals:** Orders can be placed any day - phone or private facebook message @kaneskitchenmeals **Phone 07 862 8874**

These meals are made by Chefs via the Karangahake Winery Estate Kitchen.

Delivery will be \$8.00 or free for 10 meals or more. Delivery by courier on Thursdays and Fridays, or by arrangement on Sunday late afternoon (still \$8)

*Ask at reception for a menu, (please note phone number has been changed).*

**Pak n Save** have daily fresh cooked meals in the Deli which can be frozen, an ideal solution to reduce shopping – they are only \$5-99 each!

- **Look Good Feel Better:** This is a FREE 2-hour class that focuses on problems associated with visible side effects of cancer treatment including hair loss, eyebrows, eyelashes and other skin related issues. This service is for anyone with any cancer and at any stage of treatment. Anyone who has been diagnosed and undergoing treatment can register. **The classes will be held at Richmond Villas dining room on Wednesday 25<sup>th</sup> November from 10.00am to 12.30pm.**

Contact them today to make your appointment; phone 0800 865 432. Or book online at [www.lgfb.co.nz](http://www.lgfb.co.nz)

**Visitors coming into the village:** if friends/family are coming into the Community Lodge or Apartment Building communal areas, they are required to sign in and out of the visitors' book that is located outside the front foyer doors of the Community Lodge. We recommend that you also keep a record of visitors who come in to your villa/apartment.

- **ACCESS KEY TAGS FOR THE COMMUNITY LODGE:**

Most of the key tags are now ready to be collected, please see us at reception so we can return them back to you. If you would also like to know the pin number to access the Community Lodge or entrance gates after hours then we can assist you with this as well.

**St John Health Shuttle:** Please allow at least 24 hours prior to your appointment booking. Call them between 10am and 12pm Monday to Friday on 0800 934 287. The shuttle will transport to Doctors/Hospital appointments in the Waikato district. A donation towards the cost of the journey is appreciated.

**Thames Connector:** Thames Connector is back up and running again to schedule. Time tables available at Reception, and on TCDC website.

- **Hair Appointments Monday and Friday Mornings:** Gail also offers eyebrow shaping, eyebrow tinting and eyelash tinting. Book to have a free consultation so you can review pricing with her.

- **VILLAGE PHYSIOTHERAPIST: Wednesday's 9.00am to 3.30pm**

Your very own physiotherapist Julie White (MPNZ NZRP)

Are you feeling stiff or suffering from aches and pains?

Julie is an experienced, hands on, and ACC registered physiotherapist who is here on Wednesdays and Thursdays to help. She is passionate about keeping people of all ages healthy and moving pain free.

**Personalised treatments include:** *comprehensive biomechanical assessment, myofascial massage, joint and spinal mobilisations, trigger point treatments, dry needling, specialist exercise and care advice.*

The cost is \$40.00 for a private appointment and \$10.00 if you have an ACC claim. There is no need to see a doctor to get a referral as Julie can sort that out for you.

Book and appointment by contacting **Julie White**, Phone or text: 027 281 4980

Email: [julie@physioathome.nz](mailto:julie@physioathome.nz)

Appointments and are held in the small meeting room next to the craft room.

**Waikato Podiatry Clinic:** Appointments are available in Thames held at **Unit 8, Te Korowai complex, 210 Richmond Street. Phone 020 419 41399** between **11.00am and 5.00pm** to make an appointment.

**Rubbish Recycling:** Council will ONLY accept plastic that is marked as grade "1" or "2". This does not include ice cream containers, yoghurt containers or butter/margarine containers.

**Community Lodge Access:** The Community Lodge will be **locked from 4.00pm daily**. You will be required to use the pin number or your access tag to enter the building. Please check on exit that doors and windows are closed.

**Community Lodge Reminder:** Remember to turn off lights and shut windows if you have turned them on or opened them. Also shut doors if it is late in the afternoon.

**Securely Medical Alarm Pendant Testing:**

Please remember to test your medical alarm pendants and monitor once a month.

**Swimming Pool - REMINDER:** **If you have an open wound please do not use the pool or spa.**

**Swimming Pool Rules for Children**

Children may only use the pool between 2pm and 4pm daily and must be accompanied by the hosting resident. Please check the changing room facilities after using to ensure that they are left to our standards. **Reminder:** no children are allowed in the Gym.

**Reminder: Swimming Pool Cover:** If using the pool after 4pm. Please Remove the Cover and Replace the Cover after use to save power and to stop condensation.

**Changing room Rules:** **No sanitary pads are to be put in the changing room rubbish bin.**

Green waste is also not to be put in any rubbish bins in the Community Lodge.

**Changing room showers:** The showers should only be used before and after swimming or after using the gym.

**Community Lodge Barbeque:** Please clean the barbeque after you have used it.

**Community Lodge Entrance way:** It is very important that you keep the portico area clear of vehicles at all times in case of an emergency.

We also feel that mobility scooters would be better parked out on the western side patio area.

**Car Park outside Community Lodge:** If you have visitors that are staying and using this carpark please can you inform the office so we know who the vehicle belongs to just in case it has to be moved.

**Reminder - Visitor Parking:** Please remind your visitors not to park their vehicles on the lawn. We have found that tyre marks are being left on the kerbside lawn areas. This is damaging the lawns by causing them to brown and the grass takes a while to recover from this.

**GARDENS:** Please remember, if you plan on pulling out any shrubs you need to tell the office first.

### **Health and Safety Work Place Regulations**

Apartment Construction Site: Behind the fence is strictly **OUT OF BOUNDS** and **signage is around it. Under NO circumstances are Residents permitted in this area** (this includes weekends). If you see danger tape in a particular area then this is also to remind you not to cross over the tape because it is a hazardous work place environment.

**Sewing Alterations:** Betty Dovell, for a small charge, any alteration etc. Phone: 868-5067

**AROHA CATERING / The Tea Rose** – The delivery service is no longer available from August onwards. Aroha catering are now concentrating on their café **The Tea Rose**, in Grahamstown opposite the Melbourne café.

*Opening Hours: **Wed, Thurs, Friday 8am – 1pm, counter food***

***Saturdays: Breakfast Buffet from 8:30am***

The Tea Rose also caters for specialty evenings for small groups – see flyer at reception.

### **Elevenes Musically Delicious Concert - Held at Thames Union Parish / Pahau Street, Thursday 26<sup>th</sup> November at 10.00am:**

**\$23.00 pp, includes refreshments and morning tea.** (Eftpos not available). *Pay on the day.*

International award winning artist Lisa Lorrell performs classic songs from opera, musical theatre, jazz pop and country. Followed by a special morning tea served on fine china ware.

**Bookings are essential please contact Anne 09 232 6588 or visit [www.lisalorrell.net](http://www.lisalorrell.net)**

**Friday Mix and Mingle every week – everyone welcome! At 4.30pm B.Y.O, nibbles supplied, and raffle prizes to be drawn. Come and join the fun!!**